



SOUTHWEST OHIO

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## **ACETIC ACID WASH**

To mix your own:  
1/3 Distilled water  
1/3 White Vinegar  
1/3 Rubbing Alcohol

## **MIXTURE IS GOOD FOR 24 HOURS**

How to use: Douche ear with mixture three times per day. Use a bulb syringe to irrigate ear. A bulb syringe is available at any pharmacy. Be sure to warm solution to body temperature, not to room temperature. You may warm it up in a microwave or under hot running water. Test on your wrist the same as you would for a baby's formula, making sure it is not too hot or too cold. Before irrigating ear, pull the ear straight up and straight back to allow the mixture to flow in and out. If you have any questions about this procedure, do not hesitate to call the office at 937-496-2600 and ask to speak to a triage nurse.

After washing ear, dry out with towel. Wait 30 minutes then use antibiotic ear drops as directed.

*Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation*

**Main Location**

1222 S. Patterson Blvd.  
Suite 400  
Dayton, OH 45402  
(937) 496-2600

**Dayton Children's Office**

One Children's Plaza  
Lower Level / Area LC  
Dayton, OH 45404

**Englewood Office**

9000 N. Main Street  
Suite 320  
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**Troy Office**

1930 Prime Ct.  
Troy, OH 45373

**Centerville Office**

6601 Centerville  
Business Pkwy.  
Suite 200  
Centerville, OH 45459

**Hamilton Office**

5971 Golf Club Lane  
Hamilton, OH 45011