

ENT SPECIALISTS

Jeffery S. Adam, M.D. Stewart I. Adam, III, M.D. Abdulla J. Adib, M.D. Atul N. Balwally, M.D. C. Michael Collins, M.D.

www.mydaytonent.com

Wolfgang F. Dietz, M.D. Adan A. Fuentes, D.O. Robert A. Goldenberg, M.D. Matthew R. Garrett, M.D. Michael A. Helfferich, D.O.

Stefanie K. Horne, M.D. Mahendra G. Patel, M.D. Jerome C. Spiegel, M.D. William J.D. Turner, M.D.

Skin Endpoint Titration (SET) Allergy Testing

Your Doctor has ordered allergy testing because of your medical history and physical exam suggests that allergies may be the cause of your symptoms. Your testing will be performed by our Allergy Department and will take approximately 2 hours. You will know the results immediately after your test. If you need to cancel your appointment, kindly give 48 hours notice.

ASAP Please review the list of medications included in your packet. This list will give medications that **cannot** be taken prior to testing. Remember this is not a complete list of medications. If you have any questions about medications, please check the list first and then call our Allergy Department at 496-2620 X 454.

On the day of testing:

- 1. Complete and bring the history form included in your packet
- 2. DO NOT SMOKE THE DAY OF YOUR TEST.
- 3. Do Not use Perfumes, Colognes, or Lotions
- 4. Please make sure you EAT before the appointment
- 5. If your insurance requires a referral, make sure your Family Doctor (Primary Care Physician – PCP) completes one for the test.
- 6. Men: If your UPPER OUTER ARMS are hairy, please shave them prior to your testing
- 7. NO CHILDREN PLEASE
- 8. Bring a list of ANY medications, vitamins and/or supplements you are taking.
- **9.** Wear Short Sleeves.
- 10. If patient is under age 18 a parent or guardian MUST accompany the patient and remain with them during the testing.

Please do not hesitate to contact our office if you have any questions. THANK YOU!!!

Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation