Dear Patient,

Your physician has suggested that allergies are a potential source of medical problems for you and wants you to have a complete allergy evaluation. There are two procedures that can be performed that are covered by most insurance plans. Our Insurance Department will file appropriate claims for you; however, you will be responsible for all charges regardless of insurance payments made on your behalf. Please check your coverage prior to testing and treatment. Billing codes are included in this folder.

Your Doctor has recommended a Skin Endpoint Titration Test (SET). The SET consists of multiple needle sticks that may cause possible adverse reactions which could include but are not limited to; infection, local skin reactions such as itching, redness and/or swelling, a systemic reaction such as difficulty breathing due to airway swelling or anaphylaxis. If you are not able to be SET tested due to medication you are currently taking, such as a Beta-Blocker for high blood pressure, you may be sent to a lab for RAST testing. This is a blood draw which may cause infection, bleeding or bruising.

During your SET test, you will be asked questions about your symptomatic history. You will be given written and verbal information about the source of your allergies and we will explain environmental controls that can assist you in controlling your allergic response.

At your follow up appointment, your physician will go over the results with you and may make a recommendation of Immunotherapy treatment, if they believe it would be therapeutic.

If you decide that you want to receive treatment, there are requirements that you must abide by. Our physicians require that you carry an emergency epinephrine auto-injector. This is to help ensure your safety if an anaphylactic reaction should occur. **You must bring the injectors with you to receive your injections. If you do not have them with you, our nurses will not give you injections.** You are also required to wait in our office for 20 minutes after you have received your injection to be monitored for adverse reactions. At the start of your treatment and every 3 months after, you will receive intradermal injections to measure your response to new vials. There is a 10-minute wait time for this injection, which must be measured and recorded before you leave.

If you have questions, please call the Allergy Department at 937-496-2620 ext. 454