



SOUTHWEST OHIO

ENT SPECIALISTS

Abdulla J. Adib, M.D.
Atul N. Balwally, M.D.
C. Michael Collins, M.D.
Wolfgang F. Dietz, M.D.

Adan A. Fuentes, D.O.
Matthew R. Garrett, M.D.
Joshua S. Godsey, D.O.
Stefanie K. Horne, M.D.

Daniel A. Larson, M.D.
James C. Prueter, D.O.
William J. D. Turner, M.D.

Ashleigh J. Stroble,
APRN-CNP

www.mydaytonent.com

ENDOLYMPHATIC SHUNT

PRE-OPERATIVE INSTRUCTIONS

1. Nothing to eat or drink 8-10 hours before surgery.
2. Wash your hair the night before surgery. Do not use hairspray or other products before surgery. You will have a small area of hair shaved behind the ear by the doctor for this procedure.
3. Remove all makeup before surgery.
4. Avoid aspirin and aspirin containing products 10 days before surgery.
5. Avoid ibuprofen and ibuprofen containing products 7 days before surgery.
6. Avoid all medications listed on separate Aspirin handout 7-10 days before surgery.
7. Notify our office if you develop a fever or upper respiratory infection prior to surgery, since it may become necessary to delay your surgery.

POST-OPERATIVE INSTRUCTIONS

1. This is an outpatient procedure, so you will be going home the same day.
2. Remove bulky dressing 24 hours after surgery.
3. Keep incision dry for 10 days after surgery. You can still shower and/ or wash your hair by holding a plastic margarine cup over the surgical area.
4. "Take it easy"/ avoid working for 2 weeks after surgery.
5. Do not blow your nose for 10 days. Any accumulations of secretions in your nose should be expectorated through the mouth to avoid increasing pressure to your ear. If you sneeze, do so with your mouth open.
6. Avoid lifting over 20 pounds for 1 month after surgery.
7. Avoid bending from your waist or stooping over for 1 month after surgery.
8. Avoid flying for 3 months after surgery.

SYMPTOMS TO EXPECT

1. Mild/ moderate pain lasting one week.
2. Episodes of dizziness lasting one to two weeks.
3. Some hearing loss, noise, and pressure sensation in ear for up to one month.

Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation

Main Location	Dayton Children's Office	Englewood Office	Troy Office	Centerville Office
1222 S. Patterson Blvd. Suite 400 Dayton, OH 45402 (937) 496-2600	One Children's Plaza Lower Level / Area LC Dayton, OH 45404	9000 N. Main Street Suite 320 Dayton, OH 45415	1930 Prime Ct. Troy, OH 45373	6601 Centerville Business Pkwy. Suite 200 Centerville, OH 45459



SOUTHWEST OHIO

ENT SPECIALISTS

Abdulla J. Adib, M.D.
Atul N. Balwally, M.D.
C. Michael Collins, M.D.
Wolfgang F. Dietz, M.D.

Adan A. Fuentes, D.O.
Matthew R. Garrett, M.D.
Joshua S. Godsey, D.O.
Stefanie K. Horne, M.D.

Daniel A. Larson, M.D.
James C. Prueter, D.O.
William J. D. Turner, M.D.

Ashleigh J. Stroble,
APRN-CNP

www.mydaytonent.com

SYMPTOMS TO REPORT

1. Fever over 101 ° F.
2. Pain not relieved by prescribed pain medication.
3. Purulent drainage, redness, excessive swelling, or bleeding from the incision site.
4. Facial weakness/ paralysis on side of surgery.
5. Complete hearing loss on surgical side.

If you have any further questions or problems please contact our Nurse Line at (937) 496-0261 (Monday through Friday, 8:00 am – 5:00 pm). For afterhours emergencies, call the Medical Society at (937) 463-1500.

Head & Neck Surgery • Ear, Nose, Throat & Sinus Surgery • Pediatric ENT • Voice Analysis & Rehabilitation

Main Location	Dayton Children's Office	Englewood Office	Troy Office	Centerville Office
1222 S. Patterson Blvd. Suite 400 Dayton, OH 45402 (937) 496-2600	One Children's Plaza Lower Level / Area LC Dayton, OH 45404	9000 N. Main Street Suite 320 Dayton, OH 45415	1930 Prime Ct. Troy, OH 45373	6601 Centerville Business Pkwy. Suite 200 Centerville, OH 45459