

Frenulectomy (tongue or lip tie) Instructions

Nurse Line (8:30am to 5pm) **937-496-0261**

Emergency After Hours Line **937-496-2600**

Anesthesia (disregard if done in the office):

Frenulectomy of the upper lip or tongue involves a very brief anesthesia, typically 5 minutes or less. Patients may be quite irritable for 15-45 minutes after anesthesia, most return to normal activity the same day. Nausea and vomiting are rarely seen, and usually resolve by the evening of surgery - even without additional medications.

Medications:

- Most children do not need pain medications after this surgery, however you may use regular Tylenol or Motrin if you are concerned that your child is having pain.

Child's weight (lbs)	Tylenol (Acetaminophen)			Motrin (Ibuprofen)		
	mg	Elixir (160mg/5mL)	Meltaways (160mg each)	mg	Elixir (100mg/5mL)	Chewables (100mg each)
20	130	4 mL	1/2	80	4 mL	1/2
30	200	6 mL	1	120	6 mL	1
40	270	8 mL	1 1/2	160	8 mL	1 1/2
50	330	10 mL	2	200	10 mL	2
60	400	12 mL	2 1/2	240	12 mL	2 1/2
70	470	14 mL	2 1/2	300	15 mL	3
80	540	16 mL	3	340	17 mL	3
90	600	18 mL	3 1/2	400	20 mL	4

Other effects of surgery:

- Low-grade fever may occur. Tylenol (either oral or suppository) can be used. If your child has a fever greater than 102°F and doesn't respond to Tylenol, call the doctor's office.
- Children can return to normal activity, school or daycare the following day after surgery.
- If your child has nausea or vomiting, try giving sips of clear liquids like Sprite, water or apple juice then gradually increase fluid intake. If the nausea or vomiting continues beyond 24-36 hours, call the doctor's office for medications that will help relieve the nausea and vomiting.
- Some blood in the saliva (spit) is normal after surgery
- There will be a diamond shaped wound under the lip or tongue which will develop a yellowish white scab on it a few days after surgery
- Your child can have a regular diet after surgery, but avoid acidic foods or drinks like orange juice or tomato sauce for about a week