

ETDQ-7 questions related to Eustachian tube dysfunction symptoms present in the past month and the scoring system from 1 to 7.

Minimum score=7. Maximum score=49.

Below each question, select the rating from 1-7 to best describe how you feel.

The scale ranges from 1 (No Problem) to 7 (Severe Problem)

Over the past 1 month, how much has each of the following been a problem for you?	No problem		Moderate Problem			Severe Problem	
	1	2	3	4	5	6	7
1. Pressure in the ears?	1	2	3	4	5	6	7
2. Pain in the ears?	1	2	3	4	5	6	7
3. A feeling that your ears are clogged or “under water”?	1	2	3	4	5	6	7
4. Ear symptoms when you have a cold or sinusitis?	1	2	3	4	5	6	7
5. Crackling or popping sounds in the ears?	1	2	3	4	5	6	7
6. Ringing in the ears?	1	2	3	4	5	6	7
7. A feeling that your hearing is muffled?	1	2	3	4	5	6	7

Total score \_\_\_\_\_/7= \_\_\_\_\_ mean score

1-2 No problem

3-5 Moderate problem

6-7 Severe Problem

If you have moderate or severe symptoms, there is a high likelihood that you are challenged by Eustachian tube dysfunction. There are many treatments options available to provide relief. You may call 937-496-2600 to make an appointment and learn more about the management of Eustachian tube dysfunction.